

# AGENDA & TIMETABLE

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## DAY 1 & DAY 2

**9:00am-10:30am** - Open class (1hr 30mins)

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**BREAK 10:30am-10:45am** (15mins)

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**10:45am-11:45am** Variation #1 - Raymonda class (1hr)

**11:45am-12:45pm** Variation #2 - Lilac Fairy class (1hr)

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**LUNCH BREAK 12:45pm-1:45pm** (30mins)

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**1:45pm-2:45pm** Variation #3 - Kitri Don Q (1hr)

**2:45pm-3:00pm** Cooldown and Reflection (15mins)

**3:00pm** Finish time

## DAY 3

**9:00am-11:00am** Open Class (2hrs)

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**BREAK 30mins**

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**11:30am-1:30pm** Rehearsal Class All three variations

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**BREAK 30mins**

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**2:00pm** Performance -Finish (for parent watch)

# WHAT YOU NEED TO WEAR

- HAIR MUST BE IN A NEAT AND TIDY WELL PRESENTED BUN
  - LONG/CAPPED SLEEVE, OR THICK STRAP LEOTARD
  - BLACK BALLET WRAP SKIRT FOR VARIATION CLASSES
  - BLACK 3/4 TO FULL LENGTH TIGHTS
  - BALLET FLATS AND POINTE SHOES\*
- \*TO BE WORN AT THE DISCRETION OF MS EMMA
- OPTIONAL: HALF TUTU FOR PARENT WATCH

# WHAT YOU NEED TO BRING

- WATER BOTTLE
  - SWEAT TOWEL
  - THERABAND IS ADVISED FOR WARMING UP OF FEET.
  - HEALTHY LUNCH AND SNACKS
- \*BREAK TIMES ARE SHORT, AND MEALS MUST BE PREPARED AND BROUGHT IN ADVANCE. FAILURE TO DO THIS WILL RESULT IN DANCER FATIGUE AND RISK OF INJURY.*
- NOTE BOOKS ARE RECOMMENDED FOR WRITING DOWN CORRECTIONS/CHOREOGRAPHY TO ASSIST WITH MEMORY RETENTION.

PLEASE ARRIVE AT THE STUDIO AT LEAST 20 MINUTES BEFORE CLASS STARTS TO WARM UP AND SIGN IN AT THE BEGINNING OF EACH DAY.

STUDENTS CAN ACCESS THE STUDIO TO WARM UP PRIOR TO THE START OF CLASS.

**REGISTER QUICK**

**LIMITED SPACES AVAILABLE**

SCAN  
ME

